Unit Name: IUPUI Health Services
Campus Address: CF 100
Unit Website: http://health.iupui.edu
Unit Representative:
Students (s): NA
Staff/Faculty: Stephen F. Wintermeyer, MD, MPH
Email: swinterm@iupui.edu
Phone: 317-278-2603
and
Doris A. Mays, MHA, FACHE
Email: doamays@iupui.edu
Phone: 317-274-1023

Fee Funding Received 2007-2008 $25,000
Fee Funding Received 2008-2009 $115,000
Fee Funding Requested for 2009-2010
- Same: $115,000
- 2% more $117,300
- 2% less $112,700

Mission Statement:
The mission of IUPUI Health Services (IUPUI HS) is to provide high quality, low cost health care to students, faculty and staff at IUPUI as well as to other appropriate individuals on the IUPUI campus. In addition, IUPUI HS provides an educational training site for healthcare students and residents, and conducts research by assisting other departments of the University.

Brief historical overview of the unit:
Student Health Services at IUPUI are provided by IUPUI Health Services, a clinic located in Coleman Hall administered by the IU School of Medicine (IUSM). However the Director serves as a member of Student Life Management and has a reporting relationship with Jason Spratt, Assistant Dean of Students. IUPUI HS receives funds from IUPUI and IUSM to provide employee health services to IUPUI employees and to provide required immunization and surveillance to students in the health care fields. IUPUI HS receives no funding for health services for the general student population.

There are several reasons why the use of IUPUI Health Services by students is limited:
1. With the current exception of this past year, whereby IUPUI HS received general services fee funding to provide flu vaccines to students and reduction in cost of several services, there is no student health fee that offsets the cost of services provided. Thus, students pay on a fee for service basis when they are seen. The average cost of a visit to a provider (physician or nurse practitioner) is $58.00
2. The IUPUI HS facility is located in Coleman Hall. Coleman is convenient location for the IU School of Medicine and other health care students, but not convenient to most other students on campus.

3. Education and outreach programs were actively started this year (again due to funding from the General Service Fee) and there is a growing demand for these services. However, there are limitations due to the location (academic classroom vs. actual clinic space) and need for a more consistent location within the Campus Center.

Primary programs and services for your unit
IUPUI HS provides a variety of services to students. The following is a list of the most frequent services requested:

- Acute care visits
- Immunizations
- Physical examinations, required various purposes
- Preventive medicine visits, such as annual preventive visits for women

Funding Request
Briefly describe what the funds will accomplish:

- Provide free Flu vaccines for 1,750 students on a first come first serve basis. The number is based on our most recent past experience. Given the current year participation of approximately 1,500 we have set a target of 1,750 (5.8% participants, (Cost of vaccines including Federal Excise tax would total $23,462). Flu vaccines again would be provided on site at the Campus Center and other locations on campus, as well as IUPUI Health Services. Notification of these events will be published and announced via various media outlets on campus (i.e. Sagamore, electronic boards, voice message and websites). Please note that IUPUI Health Services is absorbing the cost of nursing time, and materials for administering the flu vaccine. This cost is only for the vaccine.

- Maintaining and doubling the frequency of the satellite health unit: Initial response was slow but demand has increased since the start of the spring 2009 semester (See Attachment A). The unit provides health screening, education and evaluation of minor illnesses and injuries at no charge to students (Cost $6,160). Flu vaccinations are provided during the fall and winter season. Cholesterol and body mass index/fat analysis are popular assessments. This unit is staffed by both a health educator and RN one day a week and would be staffed only by the health educator on the 2nd day. Presentations are provided upon request for various wellness topics.
  
  o Room rental $1,280
  o Supplies $2,000
  o .1 FTE RN $2,880
Student Fee Funding Proposal
IUPUI Health Services

- Continuing with a part time (.5 FTE) health educator/wellness coordinator ($20,000) to promote health and wellness programs, provide ongoing education of health topics, to encourage health lifestyles for the campus population and staff.

This includes but is not limited to inadequate physical activity, tobacco use, alcohol and illicit drug use, injuries, mental illness, substance abuse, sexually transmitted infections, and lifestyle behaviors that may lead to unhealthy choices.

- Off set cost of specific services. Reducing the cost of specific services that are utilized and promote the health of the student population.
  - **Annual PAP/Birth Control Consulting:** Reduce service fee from current average cost of $60 to $15 per visit (Cost $13,500) with added bonus of obtaining Birth Control pills for $10 per three month supply (Cost $11,950)
  - **Gardasil Vaccine:** Provide the cervical cancer vaccine from current cost $150 to $25 per shot (Must be given in a series of three (3) shots to be effective). IUPUI Health Services absorbs the $30 cost of nursing care; the student fee funding pays $105 toward cost of vaccine. Due to cost and probable demand, the amount of this vaccine will be limited to the first 100 vaccines distributed on a first come first serve basis (Cost $10,500).
  - **Meningitis Vaccine:** A vaccine recommended for students living in communal housing. Reduce cost from current $105 to $25. IUPUI Health Services absorbs the cost of nursing care; the student fee funding pays $80 toward cost of vaccine. (Cost $4,000).
  - **Strep Screens:** Again students would not pay for Strep Screens that currently cost $25.00 (Cost $3,375). However, positive screens require a provider visit, at the average cost of $50 per visit. If a student has a positive result and/or wishes to see the provider due to other upper respiratory concerns after a strep test, they can do so for $25. The student fee funding pays $25 per visit. (Cost $1,700)
  - **Advertising and Publicity:** Associated cost will publicize events; via Sagamore, posters, and/or other electronic media (Cost $3,500).
  - **STI Visits and Labs** (Sexually Transmitted Infections): New this year, purposed coverage of STI visits. The average visit cost is $50 would be reduced to $25 (Cost $2,500). Students would not be charged for labs associated with these visits, which normally cost $41. (Cost $4,100).
  - **PPD visit** (Annual TB visits): New this year. Given growing financial constraints we cannot continue to provide ongoing annual TB skin tests to students. At a cost of $15 per vaccine, we would continue to provide this service to students at no charge (Cost $7,500).
  - **Follow up of Positive TB and those with BCG:** Those who show positive results are required to obtain x-rays and or provide proof that they do not have active TB. This can be an expensive venture for student. We propose a more accurate blood test (Quantiferon Gold) to those students who have had BCG vaccine and/or have a positive TB test. In most cases, this would eliminate the need for x-rays (Cost $2,520).
Student Fee Funding Proposal
IUPUI Health Services

- AED (Automatic External Defibrillator): Placement of two on the first floor of the Campus Center as this building currently has non available. This item will be enclosed in a case and monitored by security on campus when opened.

Describe who will be impacted by the proposed activities. Indicate the number of individuals that will benefit from the proposed activities.

What specific outcomes do you hope to achieve with this request?

What specific outcomes do you hope to achieve with this request?

There is interest in making student health services more available to all students. IUPUI HS held focus groups with residential students in February 2003. In these focus groups, students indicated that they were willing to pay a health fee at the beginning of the semester if it leads to a decrease in their out of pocket expenses at the time of visit.

In addition to some of the limitations to providing acute health services to students, IUPUI HS should provide public health services to the campus. Such services include immunization programs, health screenings, education programs, and assistance with disaster preparedness. With funding the staff at IUPUI HS could begin the process of performing some of these functions. Therefore, all students stand to benefit from the proposed activities outlined above.

With a reduction in specific areas of services IUPUI HS hopes to increase the amount of care provided to students, as the barrier to payment at time of services is significantly decreased and/or eliminated. We expect the volume to increase.

However the true measure of success will not only be if we reached anticipated goals, but it there is greater awareness and use of IUPUI HS by students.
Student Fee Funding Proposal
IUPUI Health Services

Annual number students served by the unit: Please note specifics as to race are not kept, and specifics information by all schools is not readily available:

Who Benefits:

<table>
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<tr>
<th></th>
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<tbody>
<tr>
<td>Total Student</td>
<td>1,948</td>
<td>4,393</td>
<td>1,881</td>
<td>3,299</td>
</tr>
<tr>
<td>Female</td>
<td>1,276</td>
<td>2,980</td>
<td>1,280</td>
<td>2,272</td>
</tr>
<tr>
<td>Male</td>
<td>672</td>
<td>1,413</td>
<td>601</td>
<td>1,027</td>
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<tr>
<td>Undergraduates</td>
<td>920</td>
<td>1,930</td>
<td>1,023</td>
<td>1,613</td>
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<tr>
<td>Grad/Professional Student</td>
<td>1,028</td>
<td>2,463</td>
<td>858</td>
<td>1,686</td>
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<tr>
<td>School of Medicine</td>
<td>627</td>
<td>1,491</td>
<td>390</td>
<td>687</td>
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<tr>
<td>School of Law</td>
<td>141</td>
<td>141</td>
<td>47</td>
<td>72</td>
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<tr>
<td>Dental School</td>
<td>301</td>
<td>754</td>
<td>321</td>
<td>759</td>
</tr>
<tr>
<td>School of Nursing</td>
<td>149</td>
<td>306</td>
<td>183</td>
<td>338</td>
</tr>
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</table>

Describe your evaluation plan. (How will you know if your are successful?)
Student Fee Funding Proposal
IUPUI Health Services

There are several ways we plan to evaluate these actions. The first is the ability to track utilization by students of specific services and compare this usage to previous time periods. Secondly, we anticipate tracking utilization of the student health unit and the types of services, programs, and referrals made and kept by students. We intend to continue to use surveys (electronic and paper) to monitor and receive feedback regarding our services.

Collaborations:

<table>
<thead>
<tr>
<th>Unit</th>
<th>Role or Activity</th>
<th>Contact Name &amp; Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office of Vice Chancellor and Dean of Students</td>
<td>Various; i.e. Vision Statement, Health Fee</td>
<td>Karen Whitney 274-8990</td>
</tr>
<tr>
<td>Counseling &amp; Psychological Services (CAPS)</td>
<td>Medical evaluations/meds, Vision Statement</td>
<td>Julie Lash 274-2548</td>
</tr>
<tr>
<td>IU School of Medicine</td>
<td>Provide health services to Medical Student with injuries</td>
<td>John Fitzgerald 278-3500</td>
</tr>
<tr>
<td>IU School of Dentistry</td>
<td>Provide health services to Dental Students with injuries</td>
<td>Jack Schaaf 278-1175</td>
</tr>
<tr>
<td>IUPUI</td>
<td>Provide health services to injured or ill IUPUI employees</td>
<td>Lynn Sinn 812-855-9758</td>
</tr>
<tr>
<td>Clarian Health Partners</td>
<td>Provide health services to Clarian Employees &amp; Volunteers</td>
<td>Orson Mason 278-3558</td>
</tr>
</tbody>
</table>

Request Budget and Narrative:
See attachment (Table 1).

Although a request of $115,000 is made it is anticipated that IUPUI HS will expend more than $116,455 in providing the services that have been previously outlined. Also not factored into this budget is the actual cost of nursing services and other personal time to provide vaccinations which IUPUI HS will absorb. IUPUI Health Services is committed to Student Health, and believe the services proposed, even if the cost is beyond the scope of the funding fee, are worth doing. **IUPUI HS willing to review the utilization of services in all areas and to fund those services that are more likely to be needed and used by students, until all funds are exhausted.**